The degree requirements below are outlined in the 2021 Undergraduate Catalog and will remain valid through summer 2027.

### INSTITUTIONAL REQUIREMENTS
1-9 Hours
- [ ] US 1100: University Seminar (1-Hr Open Elective if Exempt)
- [ ] Foreign Language Proficiency (see catalog)

### MAJOR SPECIFIC CORE
3 Hours
- [ ] Mathematics (020)
- [ ] MATH 1315: College Algebra

### GENERAL EDUCATION CORE
39 Hours
- **Communication (010)** – select two from:
  - [ ] ENG 1310: College Writing I
  - [ ] ENG 1320: College Writing II
  - [ ] ENG 1321: Writing for Sustainable Change

- **Life and Physical Sciences (030)** – select two from:
  - [ ] ANTH, BIO, CHEM, GEO, GEOL, PHYS
  - See Degree Audit for exact options

- **Language, Philosophy, and Culture (040)** – select one from:
  - [ ] PHIL 1305: Philosophy & Critical Thinking OR
  - [ ] PHIL 1320: Ethics & Society
  - [ ] ENG 2310: British Literature before 1785
  - [ ] ENG 2320: British Literature after 1785
  - [ ] ENG 2330: World Literature before 1600
  - [ ] ENG 2340: World Literature after 1600
  - [ ] ENG 2359: American Literature before 1865
  - [ ] ENG 2360: American Literature after 1865
  - [ ] ENG 2371: U.S. Literature: Writing Identifies

- **Creative Arts (050)** – select one from:
  - [ ] ART, DAN, MU, or TH 2313: Intro to Fine Arts

- **American History (060)** – select two from:
  - 1st course:
    - [ ] HIST 1310: History of United States to 1877
    - [ ] HIST 2327: History of Mexican America to 1865
    - [ ] HIST 2381: African American History to 1877
  - 2nd course:
    - [ ] HIST 1320: History of United States from 1877
    - [ ] HIST 2328: History of Mexican America from 1865
    - [ ] HIST 2382: African American History from 1877

- **Government/Political Science (070)** – select two from:
  - [ ] POSI 2310: Principles of American Government
  - [ ] POSI 2320: Functions of American Government

- **Social and Behavioral Sciences (080)** – select one from:
  - [ ] ANTH 1312: Cultural Anthropology
  - [ ] CA 2351: Behavioral & Personal Financial Management
  - [ ] ECO 2301: Principles of Economics
  - [ ] ECO 2314: Principles of Microeconomics
  - [ ] GEO 1310: World Geography
  - [ ] PFW 1301: Behavioral Physical Fitness and Well.
  - [ ] PSY 1300: Introduction to Psychology
  - [ ] SOCI 1310: Introduction to Sociology

- **Component Area (090):**
  - [ ] COMM 1310: Fundamentals of Human Communication
  - Select one course from:
    - [ ] ENG 2310: British Literature before 1785
    - [ ] ENG 2320: British Literature after 1785
    - [ ] ENG 2330: World Literature before 1600
    - [ ] ENG 2340: World Literature after 1600
    - [ ] ENG 2359: American Literature before 1865
    - [ ] ENG 2360: American Literature after 1865
    - [ ] ENG 2371: U.S. Literature: Writing Identifies

### MAJOR: Exercise and Sports Science
39 Hours
- [ ] ESS 1100: Lifetime Fitness and Wellness
- [ ] Team Sport (ESS 1172, 1178, PFW 1130B)
- [ ] Individual Sport (ESS 1128, 1176, PFW 1155G)
- [ ] Conditioning (ESS 1175, PFW 1110AB, 1110F, 1135A/B, 1190B)
- [ ] ESS 1179: Beginning Weight Training
- [ ] ESS 1310: Introduction to Teaching Physical Education
- [ ] AT 2356: Prevention & Care of Athletic Injuries
- [ ] ESS 2320: Motor Development
- [ ] ESS 3320: Biomechanics
- [ ] ESS 3325: Applied Assessment of Physical Activity
- [ ] ESS 3317: Exercise Physiology / ESS 3117: Lab
- [ ] ESS 3329: Introduction to Motor Learning
- [ ] Select one Advance PE Elective Theory from:
  - [ ] ESS 3321: Teaching Elem. Students Physical Activities
  - [ ] ESS 3323: Psychosocial Exercise and Sports Science
  - [ ] ESS 3340: Theory & Principles of Coaching
  - [ ] ESS 4337: Independent Study

### EDUCATOR PREPARATION
21 Hours
- [ ] ESS 4323: Adapted Physical Education
- [ ] ESS 4624: Principles and Practices of Teaching PE

**Education Core**
- [ ] CI 3325: Adolescents and Society
- [ ] CI 4332: Secondary Teaching: Curriculum & Technology

**Field-Based Block**
- [ ] CI 4343: Instructional Strategies for Secondary Teacher
- [ ] CI 4370: Building Relationships in the Secondary Classroom
- [ ] RDG 3323: Teaching Reading in the Content Areas

**Student Teaching**
- [ ] EDST 4380: Student Teaching All-Level I
- [ ] EDST 4381: Student Teaching All-Level II

### SUPPORT COURSE
4 Hours
- [ ] BIO 2430: Human Physiology & Anatomy

**MINOR / 2ND TEACHING FIELD:**

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<tr>
<th>2nd Teaching Field</th>
<th>Hours</th>
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In addition to successful completion of all required coursework, students must satisfy GPA and residency requirements to graduate.
The sequencing below reflects course prerequisites that are subject to change each academic year. For use in planning Fall 2021, Spring 2022, and Summer 2022 semesters.

**Degree:** Bachelor of Exercise and Sports Science  |  **Major:** Exercise and Sports Science  |  **Certification:** All-Level Physical Education

**Minor:** chosen from catalog (except Exercise Sports Science, Coaching, or Secondary Education)

**Educator Preparation Program Admittance Requirements**

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<th>010*</th>
<th>1 from 060 or 070*</th>
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<tr>
<td>010*</td>
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<tr>
<td>020*</td>
<td>COMM 1310^</td>
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<td>040*</td>
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**Core Curriculum**

| 030 | 030 | 050 | 060 or 070 | 060 or 070 | 080 | 090B |

**Field-Based Block**

| CI 3325* | CI 4332* |

**Major**

| ESS 1100* | ESS 1179* | AT 2356* | ESS 3329* |

**Student Teaching**

| EDST 4380 | EDST 4381 |

**ADDITIONAL**

To fill the rest of your schedule and serve as alternatives if higher priority courses aren’t available:

**Minor or 2nd Teaching Field:**

| □ | □ |

**GPA restricted (2.50 Overall; 2.75 Overall)**  |  * requires grade of ‘C’ or better  |  ^ requires grade of ‘B’ or better

**In addition to successful completion of all required coursework, students must satisfy GPA and residency requirements to graduate.**